Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:30 untill 08:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van de Weyer Rune

Coaches: Mertens Wenke

Coaches: Fobelets Jos

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 2: 200M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 08:53

Heat: 3/13 Lane : 1 Athlete: BOECKX LYNN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 08:58

Heat: 4/13 Lane : 4 Athlete: MEULEMANS LISE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M BREASTSTROKE WOMEN 11+ Heat:9, starttime: 09:21

Heat: 9/13 Lane : 4 Athlete: FIQI ALEXIA **Q-time: 03:16:55**

PB (25m pool): 03:16.55 3500 Hasselt 23/11/2025 **PB (50m pool):** 03:21.39 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:43.14		01:32.93		02:24.44		03:16.55
	00:43.14		*00:49.79*		*00:51.51*		*00:52.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 09:29

Heat: 11/13 Lane : 4 Athlete: LEMMENS FEBE — **Q-time: 03:04:31**

PB (25m pool): 03:04.31 3500 Hasselt 23/11/2025 **PB (50m pool):** 03:08.64 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.13		01:27.50		02:16.58		03:04.31
		00:40.13		*00:47.37*		*00:49.08*		*00:47.73*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:13, starttime: 09:36

Heat: 13/13 Lane : 2 Athlete: VINGERHOETS MADELIEF — **Q-time: 02:48:68**

PB (25m pool): 02:47.29 Aarschot 28/04/2024 **PB (50m pool):** 02:48.68 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:47.29
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:3, starttime: 09:50

Heat: 3/9 Lane : 8 Athlete: SLUYTS JENNE — **Q-time: 99:99:99**

PB (25m pool): 02:56.08 3500 Hasselt 24/11/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.64		01:24.17		02:10.57		02:56.08
		00:38.64		*00:45.53*		*00:46.40*		*00:45.51*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:5, starttime: 10:01

Heat: 5/9 Lane : 7 Athlete: VAN WAELDEREN KAREL — **Q-time: 03:53:03**

PB (25m pool): 03:53.03 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:52.93		01:53.61		02:54.79		03:53.03
		00:52.93		*01:00.68*		*01:01.18*		*00:58.24*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 10:05

Heat: 6/9 Lane : 3 Athlete: GYULNAZARYAN MAX — **Q-time: 03:02:95**

PB (25m pool): 03:23.98 Mol 30/12/2023 — **PB (50m pool):** 03:02.95 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		03:23.98
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 10:05

Heat: 6/9 Lane : 5 Athlete: CEUPPENS MATS — **Q-time: 03:02:63**

PB (25m pool): 03:02.63 Antwerpen 12/10/2025 — **PB (50m pool):** 03:25.16 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:41.04		01:27.45		02:15.23		03:02.63
		00:41.04		*00:46.41*		*00:47.78*		*00:47.40*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:7, starttime: 10:09

Heat: 7/9 Lane : 4 Athlete: JANSSENS TALLE — **Q-time: 02:51:52**

PB (25m pool): 02:51.52 Mol 28/12/2025 — **PB (50m pool):** 03:00.88 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.48		01:22.19		02:06.92		02:51.52
		00:38.48		*00:43.71*		*00:44.73*		*00:44.60*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:9, starttime: 10:16

Heat: 9/9 Lane : 6 Athlete: VAN WAELDEREN THOMAS — **Q-time: 02:30:98**

PB (25m pool): 02:30.98 3500 Hasselt 23/11/2025 — **PB (50m pool):** 02:38.39 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.32		01:11.95		01:51.27		02:30.98
		00:33.32		*00:38.63*		*00:39.32*		*00:39.71*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:1, starttime: 10:54

Heat: 1/12 Lane : 2 Athlete: VERHEYEN LEONIE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 11:18

Heat: 7/12 Lane : 8 Athlete: FIQI ALEXIA — **Q-time: 02:54:17**

PB (25m pool): 02:54.17 3500 Hasselt 23/11/2025 **PB (50m pool):** 03:00.97 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.38		01:22.57		02:14.73		02:54.17
		00:38.38		*00:44.19*		*00:52.16*		*00:39.44*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 11:25

Heat: 9/12 Lane : 3 Athlete: VAN AERSCHOT NEL — **Q-time: 02:41:88**

PB (25m pool): 02:41.88 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:46.54 **SB:** 02:43.04 Mol 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.62		01:14.27		02:03.36		02:41.88
		00:33.62		*00:40.65*		*00:49.09*		*00:38.52*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 11:25

Heat: 9/12 Lane : 4 Athlete: LEMMENS FEBE — **Q-time: 02:41:49**

PB (25m pool): 02:39.16 Mol 04/10/2026 **PB (50m pool):** 02:45.25 **SB:** 02:39.16 Mol 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.73		01:12.59		02:00.34		02:39.16
		00:31.73		*00:40.86*		*00:47.75*		*00:38.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 6: 200M MEDLEY MEN 11+ Heat:2, starttime: 11:43

Heat: 2/8 Lane : 5 Athlete: CEUPPENS VINCE **Q-time: 03:06:84**

PB (25m pool): 03:06.84 Mol 28/12/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.27		01:29.19		02:27.57		03:06.84
		00:42.27		*00:46.92*		*00:58.38*		*00:39.27*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11+ Heat:4, starttime: 11:50

Heat: 4/8 Lane : 4 Athlete: CEUPPENS MATS **Q-time: 02:39:30**

PB (25m pool): 02:39.30 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.91		01:15.33		02:03.21		02:39.30
		00:34.91		*00:40.42*		*00:47.88*		*00:36.09*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11+ Heat:6, starttime: 11:57

Heat: 6/8 Lane : 6 Athlete: SLUYTS TIBE **Q-time: 02:26:82**

PB (25m pool): 02:26.82 Mol 28/12/2025 **PB (50m pool):** 02:27.26 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:31.91		01:08.91		01:54.26		02:26.82
		00:31.91		*00:37.00*		*00:45.35*		*00:32.56*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11+ Heat:6, starttime: 11:57

Heat: 6/8 Lane : 7 Athlete: JANSSENS TALLE **Q-time: 02:30:21**

PB (25m pool): 02:29.09 3500 Hasselt 24/11/2024 **PB (50m pool):** 02:34.95 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.03		01:10.86		01:55.18		02:29.09
		00:32.03		*00:38.83*		*00:44.32*		*00:33.91*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 6: 200M MEDLEY MEN 11+ — Heat:7, starttime: 12:00

Heat: 7/8 Lane : 6 Athlete: GYULNAZARYAN MAX — **Q-time: 02:24:21**

PB (25m pool): 02:23.67 Mol 04/10/2026 **PB (50m pool):** 02:26.62 **SB:** 02:23.67 Mol 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:30.46		01:08.06		01:52.95		02:23.67
	00:30.46		*00:37.60*		*00:44.89*		*00:30.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11+ — Heat:8, starttime: 12:02

Heat: 8/8 Lane : 1 Athlete: VAN WAELDEREN THOMAS — **Q-time: 02:17:40**

PB (25m pool): 02:14.89 Mol 29/12/2024 **PB (50m pool):** 02:17.40 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:28.74		01:03.64		01:43.85		02:14.89
	00:28.74		*00:34.90*		*00:40.21*		*00:31.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: